



FINCH BAY
SPA





MASSAGES

Our Spa offers one single and one double therapy room. All of our treatments can be booked for two people.

BALANCE

A gentle, relaxing massage to regain equilibrium after a day of exploring the Galapagos Islands. Perfect for stress relief, jet lag and restoring harmony to the body and mind.



60'

98

90'

140

DETOX

A combination of dry brushing and massage techniques to stimulate the circulatory systems and aid the body's natural detoxification processes.



60'

98

90'

140

MUSCLE TONIC

A treatment to target the muscles, joints and deeper tissue layers of the body to release tension while increasing and restoring muscle tone.



60'

98

90'

140

BACK, SHOULDER & NECK

A massage focusing on the areas that hold the most tension; ideal for those short on time and in need of a quick pampering session.



30'

57



SIGNATURE TREATMENTS

SWEET FEET



40' | 67

This signature treatment is designed to awaken the connection between your inner self and the Earth, with gratitude and reverence.

After a refreshing Palo Santo wash, we exfoliate your feet using a local salt scrub. Palo Santo or 'holy tree' is native to the Galapagos Islands and can today be found across Ecuador. It is said to ground us in the present, calm our senses and promote positivity. It is also used to reduce inflammation and treat achy joints. A chocolate mask moisturizes your skin and adds a sweet note, after which you experience the ultimate foot massage to soothe your tired soles.

LAVA MEETS WATER



60' | 102
90' | 150

Inspired by the contrast of our dramatic landscapes and refreshing Galapagos waters, alternating hot volcanic and cool marble stones and massage techniques will warm as well as stimulate the muscles, increase overall circulation, and reduce tension and stress.

Prices include taxes and service





FACIAL TREATMENTS

CLASSIC FACIAL

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60' | 98

A facial aimed at moisturizing, regenerating, toning and protecting the skin after a day out exposed to the elements.

Prices include taxes and service



FACILITIES

We invite you to make the most of our beautiful, secluded and tranquil spa area, whether a dip on one of the hot tubs, meditation or yoga in the upstairs room or using the equipment in the gym.

HOT TUBS

Our wellness area boasts two hot tubs: one fitting up to 4 people, situated on the deck in front of the spa; the second, accommodating up to 2 people, located in a more secluded area surrounded by nature. Both are available for complimentary use during spa opening hours.



YOGA

Our yoga room, located one floor up from the main spa area, has a truly extraordinary view. The balcony invites you to breathe in all the special energy of this secluded spot. Feel free to practice your yoga sequence or meditation routine facing the ocean, during the gym and yoga opening hours.

Please note that the yoga room is not supervised. You will be responsible for your own health and safety.

Private Yoga Classes

Private yoga classes with a resident yoga teacher are available upon request and will need to be booked 24 hours in advance. Please contact the Main Reception for costs and timing.



GYM

Our spa includes a small gym, which includes a treadmill, bike, an incline/flat bench, free weights, a stability ball and gym mats. The gym is available for complimentary use during spa opening hours.

Please note that the gym is not supervised. You will be responsible for your own health and safety while using the gym equipment.





BOOKINGS

To make a reservation for any of the spa services, please contact the Main Reception of Finch Bay Galapagos Hotel. Limited services may be available outside of spa opening hours, upon request.

AGE

We welcome guests 16 years of age and over to enjoy our wellness area.

DAILY FINCH BAY SPA OPENING HOURS

To make a reservation for any of the spa services, please contact the Main Reception of Finch Bay Galapagos Hotel. Limited services may be available outside of spa opening hours, upon request.

Spa Reception **1 p.m. – 9 p.m.**

Gym & Yoga **6 a.m. – 9 p.m. (Please book at least 1 hour in advance)**

Treatments **1 p.m. – 9 p.m. (Please book at least 24 hours in advance)**

Hot Tubs **1 p.m. – 9 p.m. (Please book at least 1 hour in advance)**

FINCH BAY GALAPAGOS HOTEL MAIN RECEPTION:

Extension: **0**

Reception Telephone: **052-526283 / 052-526297 / 052-526298**

WhatsApp: **0991330796**

E-mail: **repcion@finchbayhotel.com**

APPOINTMENTS

We kindly request you arrive at the Finch Bay Spa 10 minutes before your appointment to ensure adequate time for an unrushed check-in.

YOUR HEALTH

At the time of booking, please inform our staff of any health conditions or special needs you may have that could affect your treatment or hot tub experience.

Please ensure you stay hydrated during your spa experience. We do not recommend the consumption of alcohol for at least 2 hours before or directly after a spa treatment, fitness, yoga or hot tub session. Please note that you are not permitted to bring alcoholic beverages to the spa area.

PREGNANCY

Congratulations mom-to-be! Although some spa services may not be suitable if you are pregnant, we can adapt certain treatments to ensure you receive the relaxation and pampering you deserve. Spa treatments can offer several benefits during pregnancy, so do not hesitate to speak to our team, who can further advise you on the best treatment.

We do not recommend booking a treatment if you are within your first trimester.

CLOTHING

We recommend that you arrive at the spa in your bathrobe for treatments or to spend time in the hot tubs.

For the gym, please ensure you wear suitable clothing and footwear.

The most important thing we want for you is to feel as comfortable and as relaxed as possible during your treatment. Our therapists are trained in draping techniques to protect your modesty; conversely, should you feel more comfortable, you may wish to wear underwear. Please note that, given our environmental sustainability and responsibility policies, we do not offer disposable undergarments.

VALUABLES

While we provide you with a box for safekeeping your items in the treatment room, we suggest that you instead leave valuables in the safety deposit box in your room.

CANCELLATION POLICY

Should you need to cancel or reschedule your treatment, we ask that you provide at least 12 hours' notice. For reservations cancelled less than 12 hours in advance, 50% of the cost will be charged. For reservations cancelled less than 2 hours in advance, a cancellation fee equal to 100% of the cost will apply.